

Thursdays: July 13, 20, 27, August 3, 10

2:00 - 3:00 PM Coatesville Public Library

4:00 – 5:00 PM Regency Park Apartments Community Center

All session are taught in Spanish & English

For children entering Kindergarten Fall 2017, AHHAH will be offering a FREE 5-session program aimed at preparing your child for this critical transition!

- Creative movement, mindful breathing, storytelling & creative visualization techniques will be used to help build self-awareness, selfregulation, compassion and kindness for self and others.
- Each class includes interaction with peers, introduction to school subjects, opportunities for speaking, reading, listening, writing, and drawing
- While children have class, guardians simultaneously learn through their own separate experience what kindergarten will be like for their child and how to best support new students at home.

For more info or to register, contact:

Amanda@artsholdinghandsandhearts.com or 610-299-9111.

www.artsholdinghandsandhearts.com



